



### Contact ProjuFa if

- You are insecure or overwhelmed
- You are very exhausted
- There are a lot of conflicts in the family
- You want to talk about it with someone.

Whatever you tell us about yourself or your child, will not be told to anyone else.

### Contact persons:

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**Early childhood consulting and support**  
for families with children  
in the age of 0-3

Easy to read

#### Bildnachweise:

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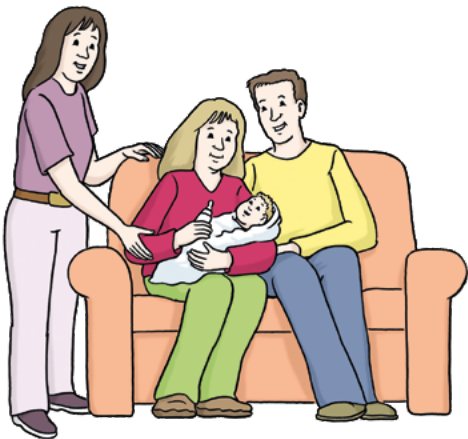
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## ProjuFa – Frühe Beratung und Hilfen

ProjuFa supports young families during pregnancy and after birth until the child is 3 years old.

The offers of ProjuFa are available in the whole district of Esslingen.

The support is **free of any costs**.



## ProjuFa – Frühe Beratung und Hilfen

The birth of a child changes the lives of the parents.

Living with a child is very nice but sometimes it can be very exhausting too and problems occur.

**ProjuFa is considering together with you**

- what kind of support you need and
- how to solve the problems.



## ProjuFa – Frühe Beratung und Hilfen

**How does ProjuFa support you?**

- ProjuFa cooperates with different experts.
- If you have questions or worries involving the topics children and family, they support you.
- They visit you at home as well.
- They provide meetings for parents with their children.

