

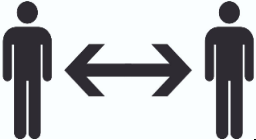






Coronavirus (SARS-CoV-2)

Hygienic Measures

Tips how to protect yourself and your environment

	<p>Avoid shaking hands, touching, or hugging</p>
	<p>Wash your hands regularly and thoroughly for at least 20 seconds with soap and water, especially after sneezing or coughing</p>
	<p>Avoid crowds of people and keep distance of 2 meters to others</p>
	<p>Sneeze / cough in the crook of your arm or tissue After use, dispose the tissue in the bin!</p>
	<p>Keep your hands away from your face! There's a particularly high risk of infection via the mucous membranes of your eyes/mouth!</p>
	<p>Ventilate regularly!</p>
	<p>In case of suspected coronavirus infection (fever, coughing, shortness of breath), call your doctor and stay at home until you get further instructions from your doctor or the health authority (Gesundheitsamt).</p>

If you have further questions concerning the coronavirus, you can call the Landratsamt Hotline: **0711 3902 41966**